



# Get Your Flu Shot!

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**Everyone 6 months or older should get a flu vaccine.  
Even healthy people can get the flu, and it can be serious!**

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**October 1, 8, 15, 22 & 29  
10am to 12pm**

**East Hawaii IPA Resource Center  
670 Ponahawai Street, Suite 117  
Hilo, HI 96720**