

### Referral for Medical Nutrition Therapy & Diabetes Education

|                |   |
|----------------|---|
| Date:          | Patient Name:                             |
| Phone:         | Address:                                  |
| Date of birth: | Insurance/Policy# (Attach a copy of card) |

**Please FAX this Referral to (808) 756-9555, including:**

- Last office visit note, last labs, active medication list
- Patient Demographics and medical insurance

**\*As a specialist, I must have this form signed and received before scheduling an appointment.**

- Please give or mail patient a copy of this referral for their appointment.

**► DIAGNOSES - Check ALL that Apply For Reimbursement/Medical Necessity**

|   |   |   |
|---|---|---|
| <input type="checkbox"/> Diabetes Type 2                | <input type="checkbox"/> Obesity (BMI >30) <input type="checkbox"/> Ped 6yr + | <input type="checkbox"/> CKD                        |
| <input type="checkbox"/> Diabetes Type 1                | <input type="checkbox"/> Hypertension   | <input type="checkbox"/> Pre/Post Bariatric surgery |
| <input type="checkbox"/> Diabetes Gestational           | <input type="checkbox"/> Hyperlipidemia                                       | <input type="checkbox"/> Prenatal nutrition         |
| <input type="checkbox"/> Pre-existing DM with pregnancy | <input type="checkbox"/> Eating Disorder (F50. __)                            | <input type="checkbox"/>                            |
| <input type="checkbox"/> Other: ICD-10 _____            |   |   |

**► SERVICES TO BE PERFORMED – Both MNT & DSME apply so please check all that apply**

| Medical Nutrition Therapy (MNT)   |                              |                                | Diabetes Self Management Education (DSME)   |                              |                                |
|---|------------------------------|--------------------------------|---|------------------------------|--------------------------------|
| <input type="checkbox"/> Initial – 3 hours  | <input type="checkbox"/> 1:1 | <input type="checkbox"/> Group | <input type="checkbox"/> Initial – 10 hrs   | <input type="checkbox"/> 1:1 | <input type="checkbox"/> Group |
| <input type="checkbox"/> Follow-up – 2 hrs  | <input type="checkbox"/> 1:1 | <input type="checkbox"/> Group | <input type="checkbox"/> Follow-up -  | <input type="checkbox"/> 1:1 | <input type="checkbox"/> Group |
| <input type="checkbox"/> Additional # _____ hours required; change in medical condition, treatment and/or diagnosis |                              |                                | <input type="checkbox"/> Additional # _____ hours required; change in medical condition, treatment and/or diagnosis |                              |                                |

Diabetes Education: All topics taught unless only specific ones selected:  
 SMBG  Nutrition  Exercise  Acute Complications  Chronic Complications  Medication  
 Pathophysiology  Goals  Problem-Solving  Psychosocial Adjustment

Patient with special needs who requires individual (1:1) visits:  
 Vision/Speech/Hearing  Physical  Language  Cognitive impairment (learning/processing)  
 Insulin training  Continuous Glucose Monitor training  Other: \_\_\_\_\_

**► Exercise/Activity Plan**

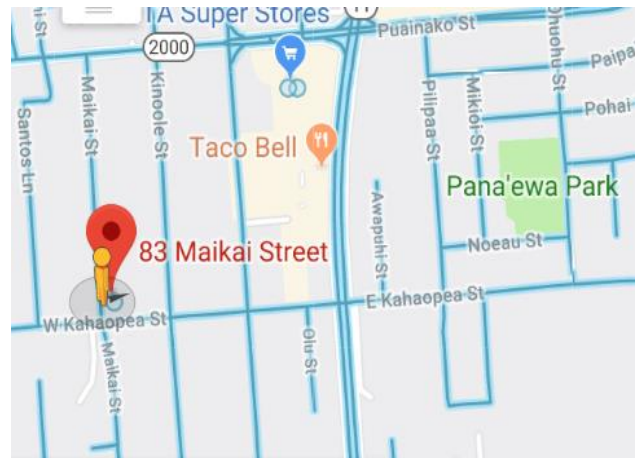
Released: May perform light / moderate / high intensity activity, \_\_\_\_\_ minutes \_\_\_ days/week

Not released: \_\_\_\_\_

|                         |                  |
|-------------------------|------------------|
| <b>► PHYSICIAN DATA</b> | NPI: _____       |
| Print Name: _____       | Signature: _____ |
| Phone: _____            | Fax: _____       |

Stacy L. Haumea Dr. BH, RDN, CDE  
Ph 808.430.6735, Fax 808.756.9555, email: stacy.haumea@gmail.com

## Appointment Details



Stacy Haumea Dr. BH, Nutritionist, Diabetes Educator IS CONVENIENTLY

LOCATED AT: 83 Maika'i St., Hilo, HI

TO MAKE AN APPOINTMENT MON/TUE/WED 8 AM – 5 PM, CALL (808) 430.6735

### FOR PATIENT USE:

MY APPOINTMENT DATE IS: \_\_\_\_\_ AT: \_\_\_\_\_ (TIME)

PLEASE CALL AT LEAST **24 HOURS** IN ADVANCE IF YOU NEED TO CANCEL THIS APPOINTMENT. WE WILL RE-SCHEDULE AS SOON AS POSSIBLE.

**Bringing the following items to your visit will help your Nutritionist serve you better:**

- 1) Medical insurance cards & Picture I.D.
- 2) Blood glucose meter or logbook with recent results, if you have one
- 3) Listing of all your prescription medications, with times taken and dose
- 4) Copy of your latest blood and/or urine tests, if you have it
- 5) A log of all foods and drinks consumed and approximate amounts, for 1-3 days prior to this first visit
- 6) A list of questions you would like answered during our visit

Maui' Ola Medical, LLC  
Phone (808) 430-6735 mauiolamedical@gmail.com Fax (808) 756-9555

The information requested above is Protected Health Information (PHI) and is the minimum necessary to execute delivery of patient services. Please understand as a link in the "Chain of Trust", all PHI will remain confidential as mandated by the Treatment, Payments, and Healthcare Operation Laws mandated by HIPAA.