



Did you know less than 30% of office blood pressure measurements are accurate?

Presents Blood Pressure Control Educational Series

Accurate Blood Pressure Measurement

Thursday, May 16, 2019 12:30 PM HST | 2:30 PM AKDT | 4:30 PM MDT Please join this session to learn more!

Description

Jessica Newmyer from the American Heart Association (AHA) will discuss how to measure blood pressure (BP) in a physician office or clinic setting. You will learn about:

- The impact of inaccurate BP measurements on clinical decisions
- Factors that can make BP readings inaccurate and identify strategies to overcome these factors
- Tools to identify opportunities for improving measurement accuracy and reliability

Providers and staff members who measure BP are invited to attend this session.





Speaker Bio

Jessica Newmyer is the Senior Director of Community Impact for the American Heart Association. The American Heart Association is working to make the healthy choice the easy choice by working with volunteers, staff partners and other organizations to enhance the systems and environment in San Diego. Ms. Newmyer works with the San Diego American Heart Association board, partner organizations, staff partners and other volunteers to lead strategies, coordinate activities and drive community plans towards dedication to building a culture of health. Prior to her work with the American Heart Association, Ms. Newmyer was the Deputy Director of the County of San Diego Health and Human Services Agency, central and south regions. Ms. Newmyer had oversight of social service and public health programs that support the County of San Diego's Live Well San Diego vision for a region that is building better health, living safely and thriving.

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