

Physician Well Being Index Account Signup

Your well-being as a physician is vital to a patient's outcome. Assess your well-being and compare your results nationally.

East Hawaii IPA invites you to participate in the **Physician Well-Being Index**. This validated tool is an opportunity to help you better understand your overall well-being and areas of risk compared to other physicians across the nation, as well as provide access to local and national resources.

It's important to note, this tool is **100% anonymous** - your information and score are **private** and your individual score will **not** be shared with East Hawaii IPA, or anyone for that matter.

Setting up an account is easy and completing the Index takes less than one minute.

Assess Your Well-Being Online:

<https://www.mywellbeingindex.org/signup>

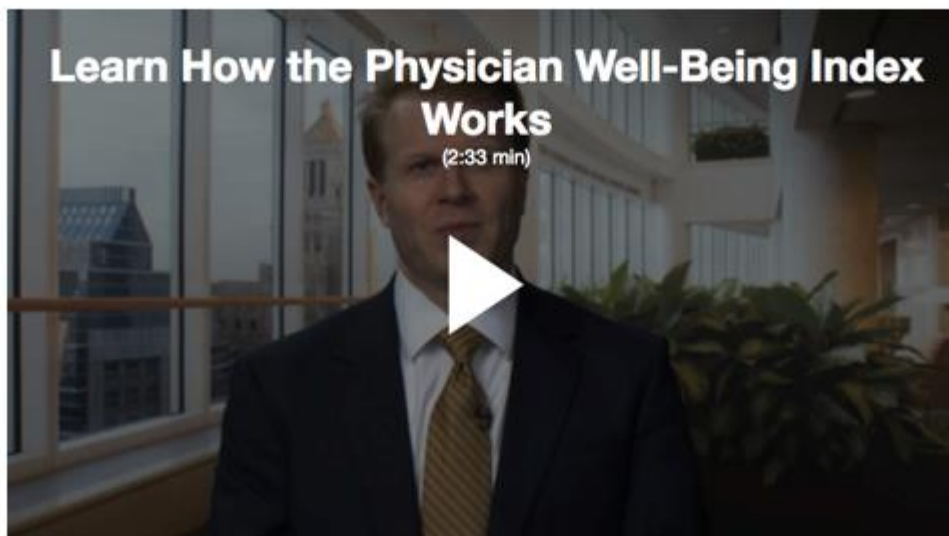
Invitation Code: **8819**

Download the Well-Being Index Mobile App

Invitation Code: **8819**



Learn How The Physician Well-Being Index Works



Track your well-being over time.

The Well-Being Index tracks your results over time. This allows you to correlate changes in well-being results to life events. Based upon these results, the tool provides resources when they're needed the most.

Compare your scores to others nationally.

The most accurate way to assess your well-being is to compare your results to others on a national level. This allows you to see in which areas you exceed and which areas you're at higher risk compared to your peers.

Access free resources.

We strive to provide the best education and awareness through resources. After completing the Well-Being Index, you will have access to both national and local resources across multiple categories and topics.

East Hawaii Independent Physicians Association