

Per Hawaii State Law starting July 2018 – any provider authorized to prescribe opioids shall adopt and maintain written policy that includes execution of a written agreement to engage in an **informed consent** process between prescribing provider and **qualifying opioid therapy patient**.

This includes any providers and patients with prescriptions under workman's compensation.

The official Informed Consent template made available by the Department of Hawai'i:

https://health.hawaii.gov/substance-abuse/files/2017/12/opioid_informed_consent_template.pdf

Informed Consent for Opioid Prescribed Pills

Go to: **health.hawaii.gov**

Informed Consent for Opioid Prescribed Pills. Please review the information listed here.

Initial next to each item when you have reviewed it with your provider and feel you understand and accept what each statement says.

The law defines a "**qualifying opioid therapy patient**" as:

- (1) A patient requiring opioid treatment for more than three months;
- (2) A patient who is prescribed benzodiazepines and opioids together; or
- (3) A patient who is prescribed a dose of opioids that exceeds **ninety morphine equivalent doses**.

Please keep in mind that because the law is left to interpretation, informed consent agreements may be something to initialize with current pain treated patients and new acute and chronic patients moving forward.

Description ver batum:

1. Requiring execution of an opioid therapy informed consent process agreement between a patient and a prescriber of opioids in circumstances that may carry an elevated risk of causing dependency; and
2. Limiting initial concurrent prescriptions for opioids and benzodiazepines to a maximum of seven consecutive days, except for **treatment of specified conditions**.

Reminder, enacted into Law as of July 2017:

(c) Initial concurrent prescriptions for opioids and benzodiazepines shall not be for longer than seven consecutive

days unless a supply of longer than seven days is determined to be medically necessary for the treatment of:

- (1) Pain experienced while the patient is in post-operative care;
- (2) Chronic pain and pain management;
- (3) Substance abuse or opioid or opiate dependence;
- (4) Cancer;
- (5) Pain experienced while the patient is in palliative care; or
- (6) Pain experienced while the patient is in hospice care;

Expect to see these limitations reflected in insurance coverage. Rejections at the pharmacy will signal a Pharmacist to be a “second check-point” and pharmacists should be able to override them, in most cases, after deeming the prescription is legitimate.

Insurance restrictions on opioid prescriptions are taking their lead from the CDC guidelines on “appropriate” opioid dosing.

Please utilize and print off the following resource to easily identify **morphine 50 mg and 90 mg equivalency doses** (2 pages):

https://www.cdc.gov/drugoverdose/pdf/calculating_total_daily_dose-a.pdf

Calculating Total Daily Dose of Opioids For Safer Dosage

www.cdc.gov

CALCULATING TOTAL DAILY DOSE OF OPIOIDS FOR SAFER DOSAGE Higher Dosage, Higher Risk. Higher dosages of opioids are associated with higher risk of overdose and death—even relatively

HMSA-Specific Opioid Quantity Limits go into effect July 1, 2018 (3 pages): **see attachment**

Further guidelines to check in with assuring consistent treatment work-flow, approaches to pain management, and prescribing of opioids:

Hawaii Board of Medical Examiners detailed Pain Management Guidelines for proper treatment of patients with pain (5 pages):

http://files.hawaii.gov/dcca/pvl/news-releases/medical_announcements/pain_management_guidelines.pdf

HAWAII BOARD OF MEDICAL EXAMINERS PAIN MANAGEMENT GUIDELINES

files.hawaii.gov

Pursuant to section 453-1.5, Hawaii Revised Statutes, the Board of Medical Examiners ("Board") has established guidelines for physicians with respect

CDC official Guidelines for Prescribing Opioids for Chronic Pain (2 pages)

https://www.cdc.gov/drugoverdose/pdf/guidelines_factsheet-a.pdf

Guideline for Prescribing Opioids for Chronic Pain

www.cdc.gov

1 2 3 LEARN MORE | www.cdc.gov/drugoverdose/prescribing/guideline.html GUIDELINE
FOR PRESCRIBING OPIOIDS FOR CHRONIC PAIN IMPROVING PRACTICE THROUGH
RECOMMENDATIONS CDC's
