

Dr. Gann's **Diet of Hope** is coming to the Big Island

A medically supervised nutritional weight loss program

This program teaches proper nutrition with portion control.

A cardiologist's sensible approach to the prevention and treatment of diseases including obesity, sleep apnea, diabetes, hypertension, heart disease, stroke, and arthritis.

- Medical supervision throughout
- Daily individualized meal plans
- Weekly weigh-in and consultation

Come to our FREE seminar to learn more!

When: Wednesday, April 11, 2018

Where: East Hawaii IPA-670 Ponahawai St. #117, Hilo, HI

Time: 6:00pm - 7:00pm

*Healthy dinner will be served. Registration required.
Call 808-969-7378 to RSVP by Friday, April 6th.*



BEFORE



AFTER

Lynda lost
240lbs on the
Diet of Hope



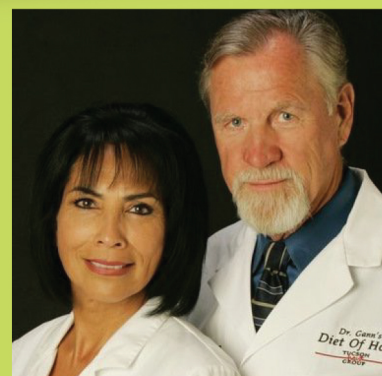
LaRae Barnes, APRN

This program will be presented by
LaRae Barnes, APRN in conjunction
with Sleep Center Hawaii



**SLEEP CENTER
HAWAII**

**Expect to lose 5-10% of your initial
body weight in the first 6 weeks**



**Liz and Dr. Dietmar
Gann, Founders**

Weight Loss Seminar
808-969-7378
Apr 11, 6pm - 7pm
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