### **Opioid Epidemic**



EPDEM



Rane Shoji, Pharm.D. Director, State Pharmacy Ohana Health Plan

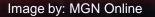














- Understanding Opioids
- Crisis in the U.S.
- Combating the epidemic
- Resources

## **Understanding Opioids**



- 3400 B.C. Red Opium Poppy
- 1800's Morphine standard anesthetic/painkiller
- 1900's Oxycodone
  - Harrison Narcotics Act
  - FDA grandfathered morphine, codeine, and oxycodone
  - Controlled Substance Act 1970 (CI CV)

### 2000's Opioid Explosion

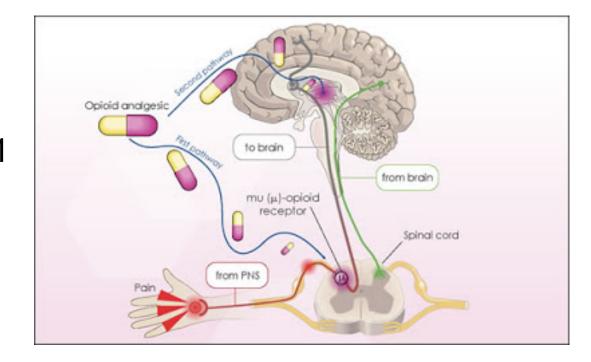
- Medicinal control of pain
- Moderate to Severe pain
- Millions of addicted patients
- 100,000s ER visits related to opioids



# **Understanding Opioids**

#### "Narcotic"

- Negative association with illegal drugs & addiction
- Narcotic Analgesic or Opioid
- Relieves moderate to severe pain
- Mechanism of Action
  - Mu (µ), Delta ( $\Delta$ ), Kappa (K), & ORL 1
  - Mu receptor is central point of activity
- Common Side Effects
  - CNS Depression
  - Opioid Induced Constipation
  - Withdrawal Symptoms\*
  - Tolerance\*





### **Opioid Crisis**



- Opioids High Addiction potential (most in CII CIII category)
- Millions of Americans are currently dependent
- Tens of Thousands overdose related deaths in the US
- Gateway to illicit drug use
  - Heroin overdose deaths increased > 500% from 2002 to 2016
  - Street drugs more in-expensive & easier to obtain
  - Diversion of prescription drugs
- Fentanyl deaths on the rise
  - Prescription patch dosage form
  - Powder form smuggled into U.S.

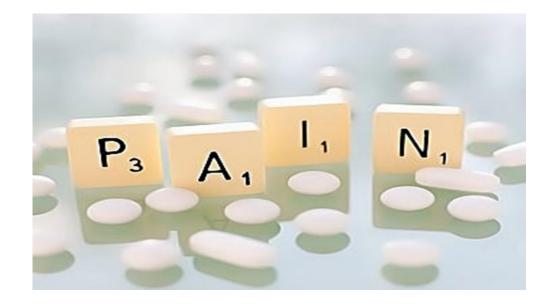


## **Combating the Epidemic**



#### FDA & CDC guidelines released 2016

- Education on use of long term use of opioids in pain management
- Rescheduling of hydrocodone
- Safety label changes for extended-release opioids
- DEA enforced decrease in opioid production
- 21<sup>st</sup> Century Cures Act 2016
  - April 2017 allocation to all 50 States
- Prescribing trends decline
  - 2012 peak of > 282 million
  - 2016 fall to 236 million



## **Combating the Epidemic**



### Prescription Drug Monitoring Programs

- State programs
- Medication Therapy Management (MTM)
- Overutilization Lock-in programs
- Addiction Treatment
  - Centers/Clinics needed
  - Naloxone/buprenorphine (oral, sublingual, injectable)
- Direct Opioid Antagonist
  - Naloxone (oral, injectable, nasal spray)
- Abuse Deterrent Drugs



# **Combating the Epidemic**



#### Negative unintended consequences

- Rise in illicit/street drug abuse and overdose deaths
- Medical needs not being met
- Multi-pronged approach
  - Continued diligence on proper utilization of prescription opioids
  - Remove stigma of opioid addiction and treat as a chronic condition
  - Improved pain management options
  - Increase in education and treatment facilities/programs
  - Ease of access to rescue medications and addiction treatments



#### Resources



- American Society of Addiction Medicine (ASAM) <u>https://www.asam.org/asam-home-page</u>
- National Institute of Drug Abuse (NIDA) <u>https://www.drugabuse.gov/</u>
- Providers Clinical Support System (PCSS) <u>https://pcssnow.org/</u>
- Substance Abuse & Mental Health Services Administration (SAMHSA)
  https://www.samhsa.gov/

### **Opioid Epidemic**



