



East Hawaii IPA

QUARTERLY SUPER HUDDLE

January 17, 2017

AGENDA



TOPIC	Speaker	Time
East Hawaii IPA Updates	Susan Mochizuki, Administrator	15 min
Medicare & Payment Transformation Readiness	Dr. Lynda Dolan, VP- Transformation Director Kahea Wakinekona, NKH Quality Improvement Manager Susan Mochizuki, Administrator	10 min
2017 Support Plan	Same as above	10 min
HMSA Payment Transformation	Wayne Shisido, HMSA Health Systems Educator, Provider Services	20 min
Announcements	Susan Mochizuki, Administrator	5 min

HAPPY NEW YEAR!!!

2017: A Year of Transition



Mission:

To empower independent healthcare providers on Hawaii Island to improve quality, increase access and lower costs to achieve better health

Strategic Priorities:

- Strengthen IPA through enhanced integration***
- Develop Board directed/physician led management of cost & quality***
- Establish a sustainable financial revenue stream***
- Strengthen IT capabilities***

Let's make this a TEAM SPORT & focus on empowering our patients to receive optimal care.

DON'T GET OVERWHELMED. WE WILL DO THIS STEP BY STEP!

BOARD OF DIRECTORS

Would like your feedback.....

NAME CHANGE- EHI IPA– “EAST HAWAII INDEPENDENT PHYSICIANS ASSOCIATION”

WHY?

- Only provider organization on Hawai'i Island
- Added key providers in Kona and Waimea
- Mission evolving from “independent” to integrated group

SUGGESTIONS:

- Five Mountains Integrated Physicians Association
- Big Island Integrated Provider Association
- East Hawaii Integrated Provider Association
- Hawai'i Island Integrated Provider Association

COMMUNICATION

- ✓ **WATCH FOR WEEKLY EMAILS FROM IPA ON WEDNESDAYS**
- ✓ **SEE ALERTS WITH LINKS TO BACKGROUND INFO**
- **CHECK OUR WEBSITE BLOG (under construction) FOR WEDNESDAY UPDATES**
- ✓ **PLEASE PROVIDE TWO EMAIL ADDRESSES PER OFFICE:**
 - Provider**
 - Staff Representative**





ELECTRONIC HEALTH RECORD RECOMMENDATION

- **Board selected e-Clinical Works as recommended system**
- **Currently negotiating best agreement/contract for 2017 commitment**
- **IPA Board reviewing financial incentives for e-Clinical Works**
- **Board to finalize on February 1, 2017**

OTHER UPDATES

NEW SPACE FOR IPA OFFICE?

- **More Space for Training Sessions**
- **Need room for Care Managers, additional staff**
- **Contingent on Funding**

BOARD OF DIRECTORS NOMINATIONS

- **Three Available Positions- 3 Year Term**
- **Nomination Forms Due- February 28**
- **Election at Annual Meeting- April 26**

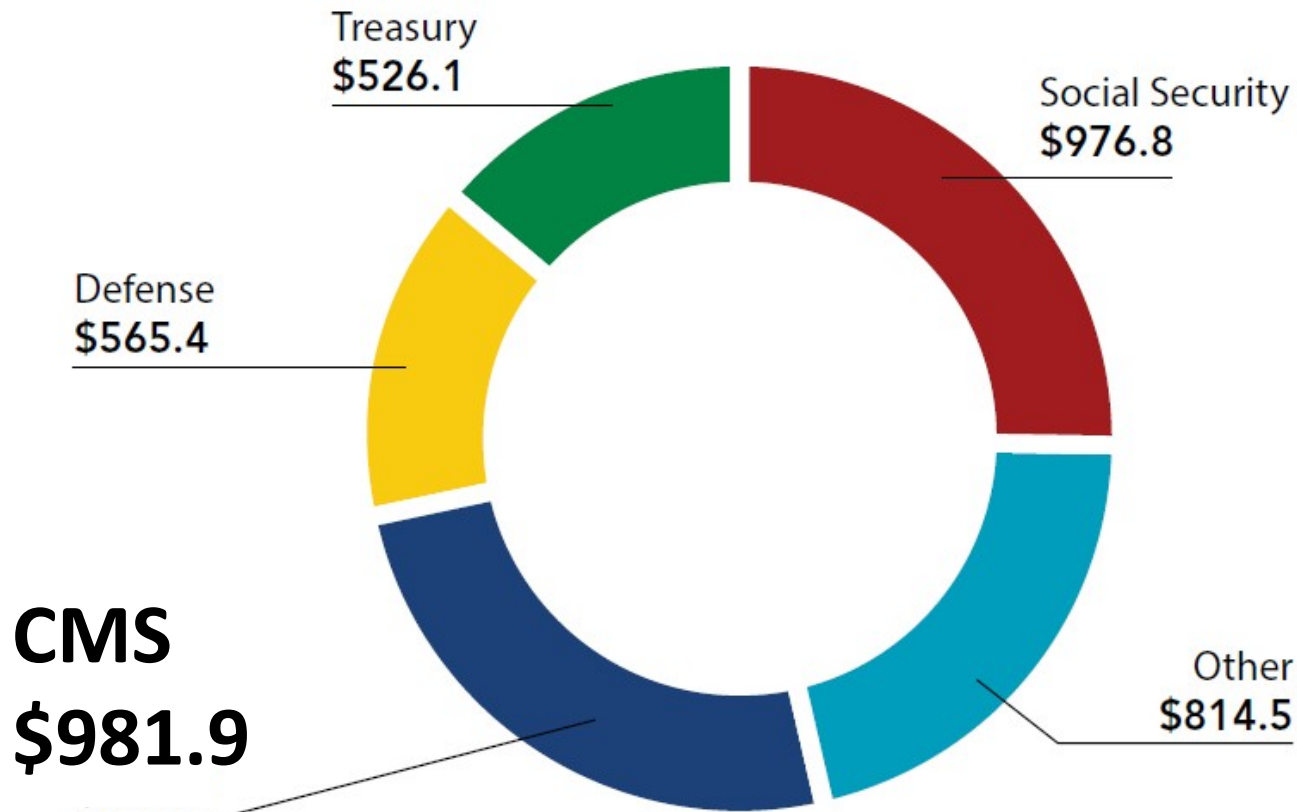
MEDICARE MACRA/MIPS... CPC+....



HMSA PAYMENT TRANSFORMATION

WHY ARE WE DOING ALL OF THIS???

2016 Federal Outlays

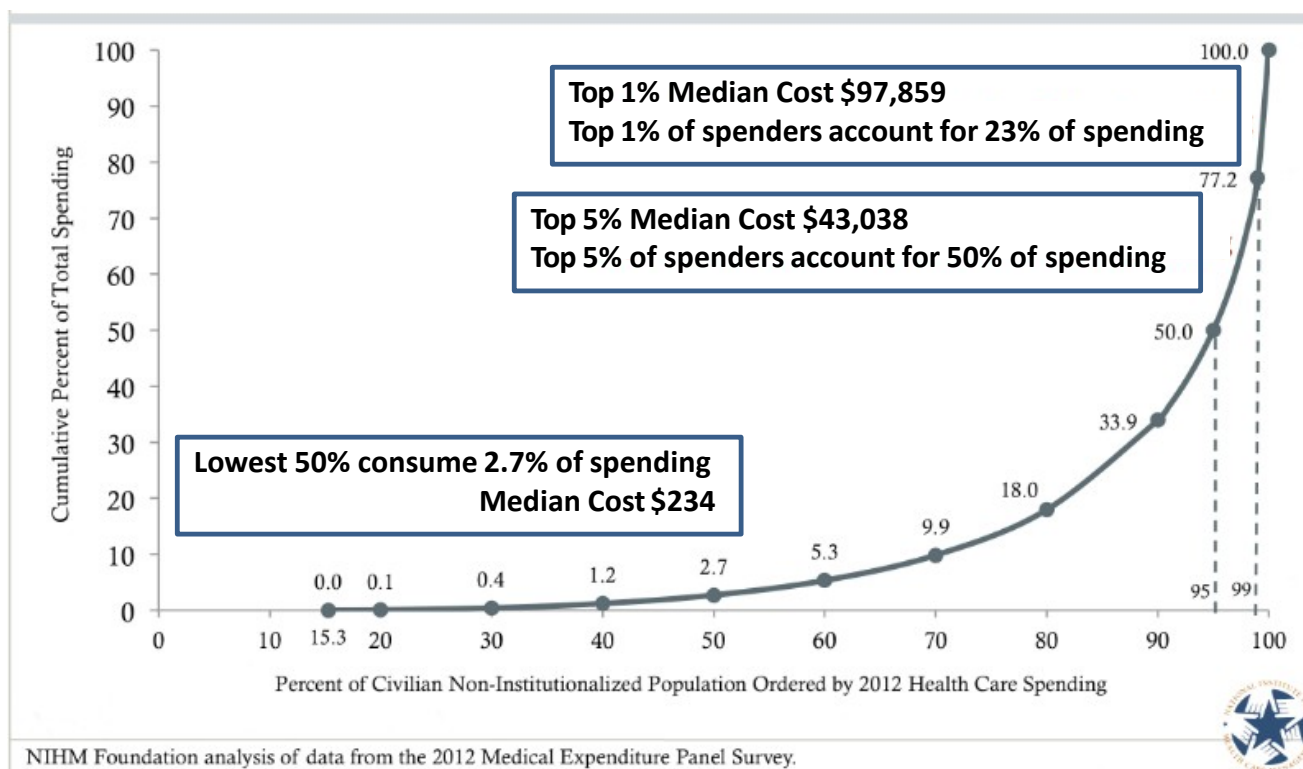


\$ in billions

Source: U.S. Treasury

Focus on the Top 1-5%

Healthcare spending is very highly concentrated among the highest spenders

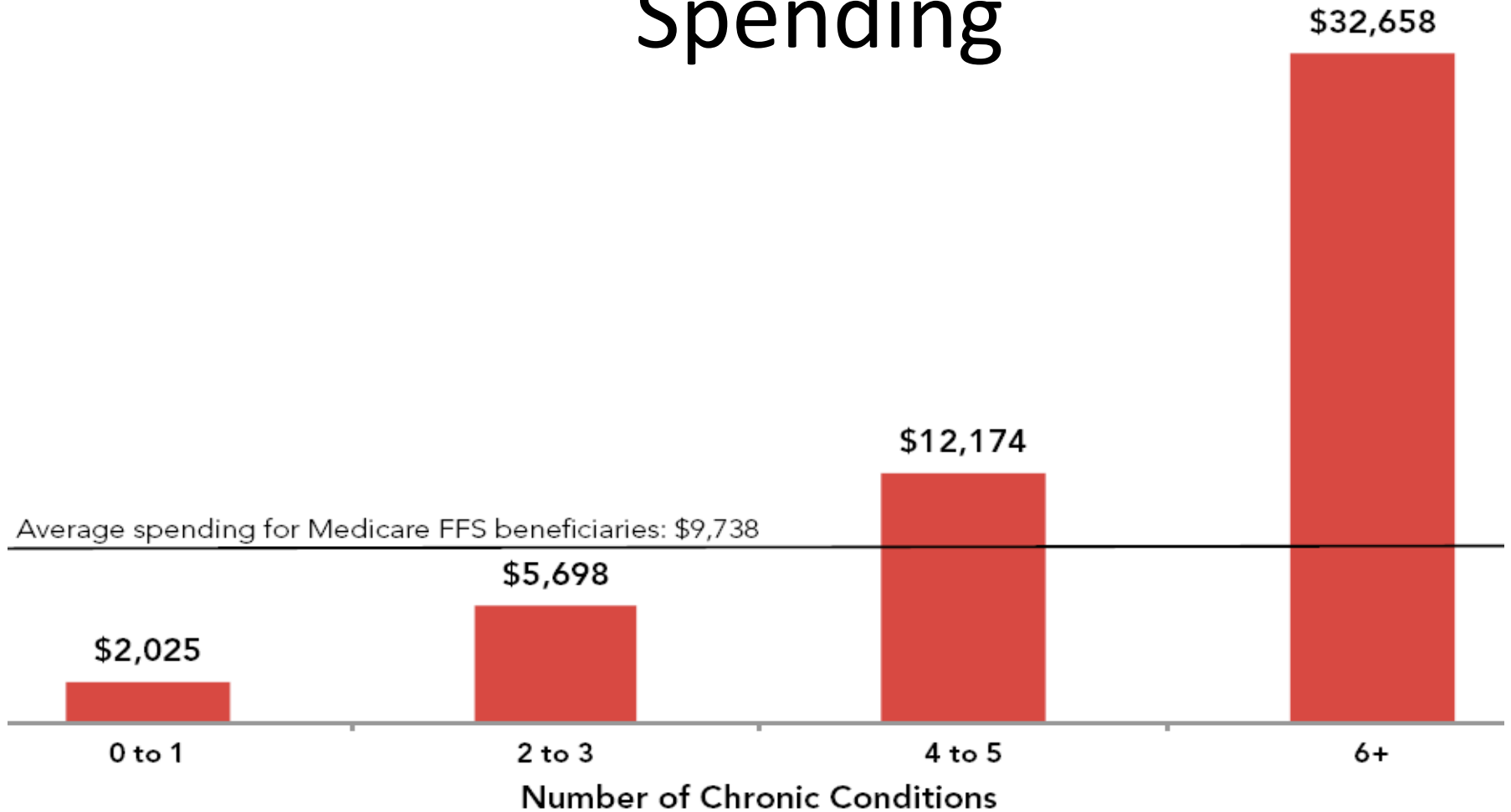


Source: NIHCM Foundation <http://www.nihcm.org/concentration-of-health-care-spending-chart-story>

Similarities at the Top of the Cost Curve

- Complex medical, behavioral (chronic Severe Mental Illness), functional and environmental issues including social determinants
- Care from multiple providers
- Care paid by multiple payers
- Care in multiple sites
- High utilization of emergency responders, emergency departments, hospitals, nursing facilities, home nursing and home based services
- Experience multiple transitions and need an overall care plan
- Current service delivery and payment systems are in disarray
- Standardized and interoperable information is necessary (but not sufficient) to organize care

Per Beneficiary Medicare Spending




Source: 2012 Medicare Chart Book <https://www.cms.gov/Research-Statistics-Data-and-Systems/Statistics-Trends-and-Reports/Chronic-Conditions/2012ChartBook.html>

During January 2015, HHS announced goals for value-based payments within the Medicare FFS system

As of January 01, 2016, the 30% goal was achieved one year ahead of schedule.

Medicare Fee-for-Service

GOAL 1: **30%** 

Medicare payments are tied to quality or value through **alternative payment models (categories 3-4)** by the end of 2016, and 50% by the end of 2018

GOAL 2: **85%** 

Medicare fee-for-service payments are **tied to quality or value (categories 2-4)** by the end of 2016, and 90% by the end of 2018



STAKEHOLDERS:

Consumers | Businesses
Payers | Providers
State Partners

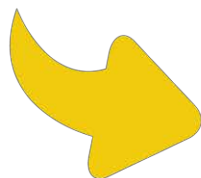


Set **internal goals** for HHS



Invite **private sector payers** to match or exceed HHS goals

NEXT STEPS:



Testing of new models and expansion of existing models will be critical to reaching incentive goals

Creation of a Health Care Payment **Learning and Action Network** to align incentives for payers

WHAT SHOULD YOU DO???

➤ REACH OUT FOR RESOURCES!



Non-CPC+ Providers:

MIPS (Merit Incentive Payment System)

> \$30,000 in annual Medicare billings

> 100 patients

Payment Transformation Network (PTN) -Transforming Clinical

Practice Initiative (TCPI)- CMS Grant Program for Rural

Communities - free resources- operated by Caravan Health

www.nationalruralaco.com

CPC+ Providers

Check CPC+ Website Weekly & Participate in Webinars

➤ HMSA PMSO- Recommended by EHI Board but details pending

CPC+ (COMPREHENSIVE PRIMARY CARE)

CMS has weekly updates and webinars- IMPORTANT TO CHECK!

Board recommended HMSA's PMSO (Population Management Services Organization)

- Lightbeam data platform + care management
- Local care management resources
- One system for reporting HMSA and Medicare data
- Cost is \$7.50 pmpm or 50% of care management fee for Medicare lives

**EHI waiting for HMSA agreement that commits services, schedule and timelines
HMSA will send individual agreements to CPC+ Offices**

HMSA agreeing to give IPA funding – about \$850K for infrastructure building

➤ **Offices considering Caravan Health- at least one has signed on**

Once agreement is reached, contracts will be sent to providers interested in participating



SUPPORT PLAN PRIORITIES

- **Team Sport**
- **Make More Money, Reduce Waste, Improve Quality**
- **Keep Complex, Frail Patients Out of the ED & Hospital**
- **Insurance Agnostic**

WE WANT WINS!



WE WANT WINS!

Patients- Better quality of life (more days at home), cost and time savings, fulfill what is most important to them.

Providers- Better reimbursement (value based system), better outcomes for patients, less stress (decreased burden of care)

PO- Financial sustainability to continue to support offices

Community- Reduce growth in premium expense, reduced absenteeism

Health Plans (HMSA/Medicare, et al)- Reduced growth in healthcare expense, improved relationship with plan sponsors, meet quality metrics for better reimbursement

Hospital – Control costs



- **QUARTERLY SUPER HUDDLE MEETINGS- All PCPs & Interested Specialists**
- **BI-MONTHLY BEST PRACTICES WORKSHOPS**
 - CPC+ OFFICES**
 - NON-CPC OFFICES**
 - PEDIATRIC OFFICES**
- **MONTHLY FOLLOWUP SMALL GROUP SESSIONS-**
- **HMSA & ARW IN-OFFICE TRAINING**
- **E H R SUPER USER GROUP SESSIONS**
- **INDIVIDUAL OFFICE CONSULTING- 3 hrs/practice; > Consulting fee for excess hours**

SKYPE CONFERENCING!

WORKSHOP TOPICS AND SCHEDULE



WORKSHOP I PRACTICE OVERVIEW -February

- Daily Huddle, Weekly Care Team Meeting
- Empanelment (touches, risk stratification, Annual Wellness Visit)
- ED/Hospitalization Follow-up Visits
- Identifying patient panel characteristics:
 - Healthy- need preventative screenings
 - Chronic Disease- need lifestyle interventions and medication
 - Diabetes, hyperlipidemia/coronary disease, hypertension
 - High Risk Complex- Care management/referral to intensive resources
- Pre-visit planning process and workflow, responsibilities
- Medication reconciliation
- Standing orders for preventative screenings

WORKSHOP 1 SMALL GROUP SESSIONS- March

WORKSHOP TOPICS AND SCHEDULE- cont'd



WORKSHOP 2 —DURING VISIT -April

- Visit Flow-- PHQ4, Annual Wellness Visit, Tobacco Cessation, RCC gaps, Advanced Care Planning, BP, BMI, eCQM care gaps
- Care plan development/plan of care instruments
- E H R & Reporting
- Self management support- Referral to eco-system resources

WORKSHOP 2 SMALL GROUP SESSIONS- May

WORKSHOP 3 AFTER VISIT PLANNING, MONITORING PT & REFERRALS -June

- Alternative visits
- ED F/U within 3 days/Hospital F/U within 2
- Closing referral loops
- 24/7 access

WORKSHOP 3 SMALL GROUP SESSIONS- July

WORKSHOP TOPICS AND SCHEDULE- cont'd



WORKSHOP 4- HEALTH COACHING, PATIENT ENGAGEMENT, BEHAVIORAL HEALTH (October)

- Patient engagement
- Patient feedback & survey
- Patient-Family Council
- Assessment tools

WORKSHOP 4 SMALL GROUP SESSIONS- November

WORKSHOP 5- COSTS, SPECIALIST COLLABORATIVE AGREEMENTS, OTHER-TBD

Case studies used to illustrate best practices. Data provided including patient registries to distribute to individual PCPs, comparison graphs and other relevant analytics



Keep an “Ecosystem Log” for ALL PATIENTS- Track referrals to community programs/services- Kupu Care, Aloha Kidney, Chronic Disease Self-Management, Ornish, Hui Malama, Specialists- (see handout)

Do ANNUAL WELLNESS VISITS (MEDICARE) & do solid HCC coding to maximize reimbursement- this impacts CPC+ Care Management Fees. This is a high priority and need to learn new codes!

Create a systematic work flow in your office engaging all team members!

Aloha Kidney

2017 class series offered: Jan, May, Sept

DATES:

1/19/17

1/26/17

2/2/17

2/9/17

2/16/17

With	Ramona Wong MD Nephrologist	What	6 weekly classes, 2 ½ hours each
Where	HMSA Center @ Hilo 303A East Maka'ala St. Hilo HI 96720	When	1 – 3:30 pm Thursday afternoons
Who	Anyone interested in, at risk for, or with CKD, GFR less than 60, or excess protein in urine	Bring	Pen, a family or friend who loves you (one who buys/cooks the food)
		Cost	No cost

What we talk about

1/19/17 – You and your kidneys: What kidneys do, what happens when they fail

1/26/17 – Aloha kidney: How to slow loss of kidney function, protect what's left

2/2/17 – Kidney, heart, brain connection: Why at risk and what to do about it

2/9/17 – Options if kidneys fail: Dialysis, transplant, natural life options

2/16/17 – Food, labs, meds . . . help?! Understand what matters with CKD

TBA – Choices: Others share their journey with dialysis, transplant, natural life

Come see if these classes can help you and your family.

Call to register: (808) 585-8404

Better Choices, Better Health

KE OLA PONO

A six-week workshop for people living with any ongoing health problem or chronic disease

Six-Week Program

We invite you to participate in a six-week self-management workshop for people with any type of ongoing health problems. The workshops teach practical skills for living a healthy life with an ongoing health condition.

Fun & Interactive

Classes allow participants to build upon a common source of support through the sharing of their successes.

Self-Management Tools

The workshop introduces topics and tools to encourage you and assist in managing your health, staying active, and enjoying life.



Se

Upcoming Classes

Chronic Disease Self-Management

Date: Thursday Feb. 9 - Mar. 16, 2017

Time: 9:30-11:30am

Location: HCOA/ADRC Building

1055 Kino'ole St.

Hilo, Hawaii

This program was funded in part by the County of Hawai'i and Title III of the Older American Act through the State of

For more information, contact:

Kahea Wakinekona, RN

Phone: 808-895-9068

Email: Kahealani@kidneyhi.org

Major Statewide Partners

- State of Hawai'i Executive Office on Aging
- Kaua'i County Agency on Elderly Affairs
- City & County of Honolulu Elderly Affairs Division
- Maui County Office on Aging
- Hawai'i County Office of Aging
- Alu Like, Inc.

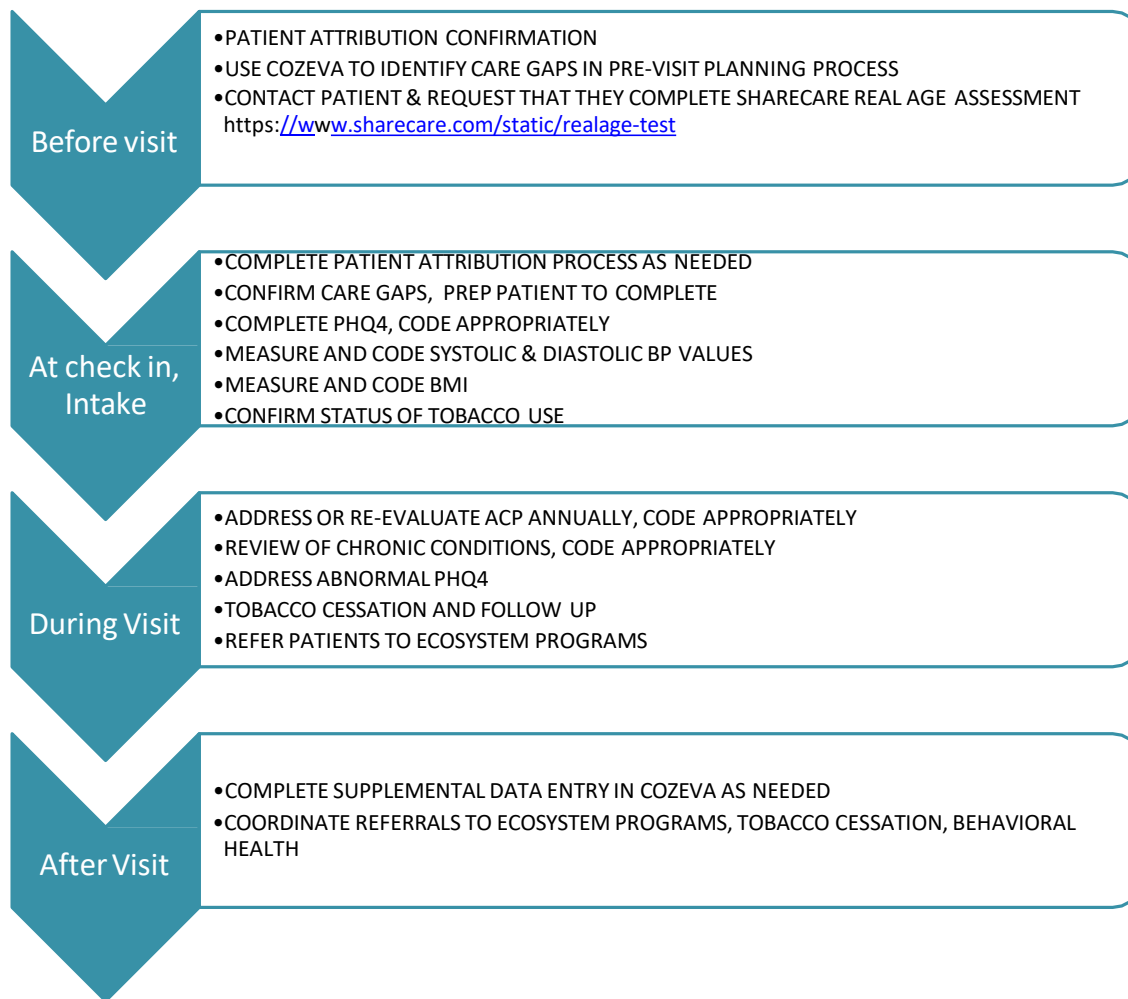


East Hawaii IPA
ENGAGING ECOSYSTEM

REFERRALS TO COMMUNITY RESOURCES FOR PATIENT SELF-MANAGEMENT

DATE	NAME	INSURANCE	DX	PROGRAM	REFERRAL SENT	PATIENT NOTIFIED	PROGRAM COMPLETED

HMSA PAYMENT TRANSFORMATION WORKFLOW – ADULT MEDICINE



For further details, refer to 2017 HMSA Payment Transformation Guide & Tool Kit

https://hmsa.com/portal/provider/zav_pel.aa.PAY.100.htm

PATIENT ATTRIBUTION

1. Confirm if patient is attributed to your panel in Cozeva
2. "Add" patient to your panel if not
3. Have patient sign HMSA member attestation form.
4. Fax signed form to HMSA
5. If patient has QUEST or HMO, have them call HMSA to change PCP
6. Scan copy of attribution form in to patient's chart

SYSTOLIC:	DIASTOLIC:
3074F - <130	3078F - <80
3075F – 130-139	3079F – 80-89

LINKS

BMI CODES:

https://hmsa.com/portal/provider/HMSA_Payment_Transformation_2016_Pilot_Measure_Value_Set_Body_Mass_Index_Assessment.pdf

ACP CODES:

[HTTPS://HMSA.COM/PORTAL/PROVIDER/HMSA_PAYMENT_TRANSFORMATION_2016_PILOT_MEASURE_VALUE_SET_ADVANCE_CARE_PLANNING.PDF](https://hmsa.com/portal/provider/HMSA_PAYMENT_TRANSFORMATION_2016_PILOT_MEASURE_VALUE_SET_ADVANCE_CARE_PLANNING.PDF)

PHQ4 CODES:

https://hmsa.com/portal/provider/HMSA_Payment_Transformation_2016_Pilot_Measure_Value_Set_Screening_for_Depression_and_Anxiety.pdf

TOBACCO CESSATION CODES:

https://hmsa.com/portal/provider/HMSA_Payment_Transformation_2016_Pilot_Measure_Value_Set_Tobacco_Cessation_and_Counseling.pdf

HMSA PAYMENT TRANSFORMATION PROGRAM UPDATE

Wayne Shishido, Health Systems Educator,
Provider Services- HMSA



The Community First Selection and Recruitment Committee extended the deadline for graduating residents and others to apply for a financial subsidy to support them if they establish a practice or join a practice in the Hilo area on the Big Island.

Deadline: UNTIL 7/1/2017, or all subsidies are awarded. Proposals reviewed monthly and awarded based upon merit. An average processing time is 4-6 weeks.

Questions? Contact Anthony Kent at akent@communityfirst.co

HIPAA (Health Insurance Portability & Accountability Act)

TRAINING REMINDER

- Recommend refreshing HIPAA training every 1-2 years
- EHI IPA contracted with HIPAA vendor- 56 licenses left
- Awareness, Security, and Mental Health Training to provider offices
 - ✓ **\$20 per person, per training**
- Submit form to Joyce or fax list to 935-4472 with list of staff + email address to send login information
- Email Joyce (jvital@ehiipa.com) for more info

**QIGONG
Classes:
Feb 7 – Mar 3

2x/week for
4 weeks**

For Patients with

Chronic Pain & Respiratory Issues

East Hawaii Independent Physicians Association

is sponsoring

health and mindfulness classes with

HiQi4health

INNER NOURISHING QIGONG

(Nei Yang Gong Qigong)

Medical Qi Gong- 1st 6 Forms

Feb. 7- Mar. 3, 2017 (2x/week for 4 weeks)

Tues. & Fri. 3:30-4:30pm at Hilo Elks Lodge

Introductory Special: Fee \$65 for 8 classes

Contact by Feb. 1: Jana Ching (W) 961-6922; jana.hiqi@gmail.com

*** Limited to 15 participants. All participants must be committed to attending classes.

***Visit www.hiqi4health.org for more information.



What is Inner Nourishing Qigong?

- Time-honored mindful practice from China that spans 450 yrs. (Ming/Ching Dynasty)
 - Activates energy points in body that promotes qi and thereby health & well-being
- Why should I practice Inner Nourishing Qigong?
- **Beneficial for all ages:** low impact exercise, tones muscles, stretches ligaments, regulates breathing, improves balance, reduces physical pain, decreases stress/depression
 - Promotes mind/body/breath experience

Instructors: Jana Ching, Lic. Acupuncturist & Jorgeen Lee-Ching, Occ. Therapist.

Approved/Accredited by Beidaihe Medical Qigong Hospital. Combined 15+ years of experience at BMQH, China.



**Orientation:
January 14, 2017**

**36 SMART exercise
classes required,
12 week program**

Third Medical Study of Cooperative Exercise (M3)

Where: [Hilo Health Cooperative](#)

1717 Kamehameha Avenue, Hilo HI 96720

When: Orientation 10AM-12 noon, January 14, 2017

What: 36 SMART exercise classes required, 12 weeks(3/week)

Why: Developing evidence based data on cooperative exercise classes to improve strength, endurance, and mobility, improve biological age (help people get younger), and improve people's LQ (Life Quality).

How: To register for M3 email office@hilohealth.coop

Proven Results

77% of M1 study participants completed all 36 exercise classes

On average, M1 study participants got 8 years younger

M2 participants medically measurable benefits included body fat reduction, muscle tone improvement, improved joint mobility, and coordination, and improved LQ (Life Quality).

Administrative Coordinator Position Opening- East Hawaii IPA Office

Duties:

- Answer phones/email/Faxes
- Event registration & logistics support
- Data entry and information tracking
- Make follow up calls to patients, providers, healthcare partners
- Organize meetings, take minutes, other duties assigned

Qualifications:

- Healthcare experience or education
 - Accuracy and attention to detail
 - Experience working with spreadsheets, email programs
 - Flexible and works quickly with minimal supervision
 - Passion for improving healthcare in our community
 - Professional demeanor and diplomacy
-
- Full-time- 40 hours per week, occasional evening and weekend
 - Medical, Dental & Vision Coverage
 - Paid Holidays and PTO

Know anyone who is Interested?
Send cover letter/resume to:
smochizuki@ehiipa.com



SAVE THE DATE

East Hawaii IPA 21ST ANNUAL

Healthcare Symposium

AUGUST 18-20, 2017

FAIRMONT ORCHID HOTEL | WAIKOLOA | HAWAII ISLAND | HAWAII



EHI IPA'S NEW PHONE NUMBER:

808-797-3113



EHI IPA'S FAX NUMBER:

808-935-4472

SUSAN'S NEW EMAIL:
smochizuki@ehiipa.com

JOYCE'S NEW EMAIL:
jvitalles@ehiipa.com

NEW WEBSITE ADDRESS:

<http://www.ehiipa.com/>



NEXT SUPER HUDDLE DATES:

- **Tuesday, March 21**
- **Tuesday, September 19**
- **Tuesday, December 12**

Visit our calendar of events at www.ehiipa.com

Download RSVP forms for:

- Super Huddles
- Pediatrician Meetings
- Symposium
- Workshops
- Special Events

